



**“Celebrating 20 Years
of Kansas Tradition”**

1990-2009

Cycling - Road Race

Date: July 19

Time: Registration / Check-in: 7:30 - 8:30 am Races Start: 9:00 am

Schedule:

Men Cat 3/4 • 60 mi. • 9:00 am	Masters 35+/45+ • 60 mi • 9:10 am
Men Cat 4/5 • 46 mi • 9:20 am	Masters 55+ • 46 mi • 9:30 am
Women Open • 46 mi • 9:30 am	Cat 5 Beginner • 18 mi • 9:33 am
Women Cat 4 • 32 mi • 9:39 am	Juniors 10-18 / Seniors 61+ • 18 mi • 9:42 am

Site: Forbes Field - Topeka, KS: Located on SW Topeka Blvd. From the East or West, follow I-70 and exit at Hwy 75 South. Follow the directional signs. Staging area will be at the intersection of SE E St. and J St. The course is an 18 mile loop beginning and ending at Forbes Field.

Fee: \$20 per person for first race (Road Race or Criterium). \$10 for additional race. Entry fees include any combination of races over both days. *Save \$2 by entering online at www.sunflowergames.com.* Pre-registration deadline is Friday, July 10. Late and day-of registrations will be accepted with \$5 late fee. Each athlete receives a SSG T-shirt, Athlete bag and Souvenir Program.

Prizes: Top three places will receive prizes, SSG medals and qualify for the 2011 State Games of America in San Diego

Registration:

- Online:** Save \$2 by registering hassle free at www.sunflowergames.com
- Mail-In:** Download and print entry and waiver form from website and follow mailing directions on the form
- Pre-Race:** Packet pick up only - Capp's Bike Shop, 2917 SW Topeka Blvd. Ste B, Topeka, KS on Friday, July 17 from 10am - 6pm for Pre-registered participants.
- Race day:** Registration will be from 7:30am - 8:30am.

Competition Format: 1. USAC Permit #2009 1428 2. All USAC rules apply 3. USAC license required to ride USAC categories 4. One-day USAC license available for \$10.00. 5. Fees include \$3 for USAC insurance and \$1 for KCA Surcharge 6. Race will be held rain or shine 7. Helmets must be worn by all participants while riding at any time during this event. 8. Distances may change if weather conditions become severe. 9. Riders may only compete in their age groups. 10. Kansas residents only.

Race Commissioner: Jeff Unruh, cyclesleeper@cox.net

Sponsored By:



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