

Woo Hoo Ladies Criterium 2010



Sunday May 2, 2010

Richard W Warren Middle School, 3501 New Lawrence Rd Leavenworth, KS 66048

GPS Coordinates-N39 16.943 W94 56.105

Held under USAC Cycling Event Permit 2010-100

Registration Opens at 11:00AM

Closes 15 minutes before race time

Event	Time	Min/Laps	Awards(Awards Mailed to Recipients)
Women Masters 30-34,35-39, 40-44,45-49,50-54, 55-59, 60-64, 65-69,70-74, 75+	12:00PM	30m + 2 laps	Personalized Medals(1,2 & 3 place)** Primes - 3 (<i>Komen for the Cure item and LTR Items</i>) 
Junior Women (18-14, 13-10)	12:45PM	25m + 2laps	Personalized Medals(1,2,& 3rd Place) Primes - 3 (<i>Komen for the Cure item & LTR Item</i>) 
Women Cat 3,4	1:30PM	45m + 2 laps	Personalized Medals(1,2, & 3rd Place) Primes - 4 (<i>Komen for the Cure item & LTR Item</i>) 
Women Cat 4 Beginner Mentored	2:30PM	15 min + 5 laps	15 minutes is mentored Last 5 laps are non mentored All Entrants given a prize for finishing(Personalized Medal) 
Junior Young Ladies UID	3:00PM	5 laps	All Entrants given a prize for finishing(Personalized Medal) 
Category 1,2,3	3:30PM	45 min + 2 laps	Personalized Medals(1,2 & 3 place) Primes - 5 (<i>Komen for the Cure item</i>) 

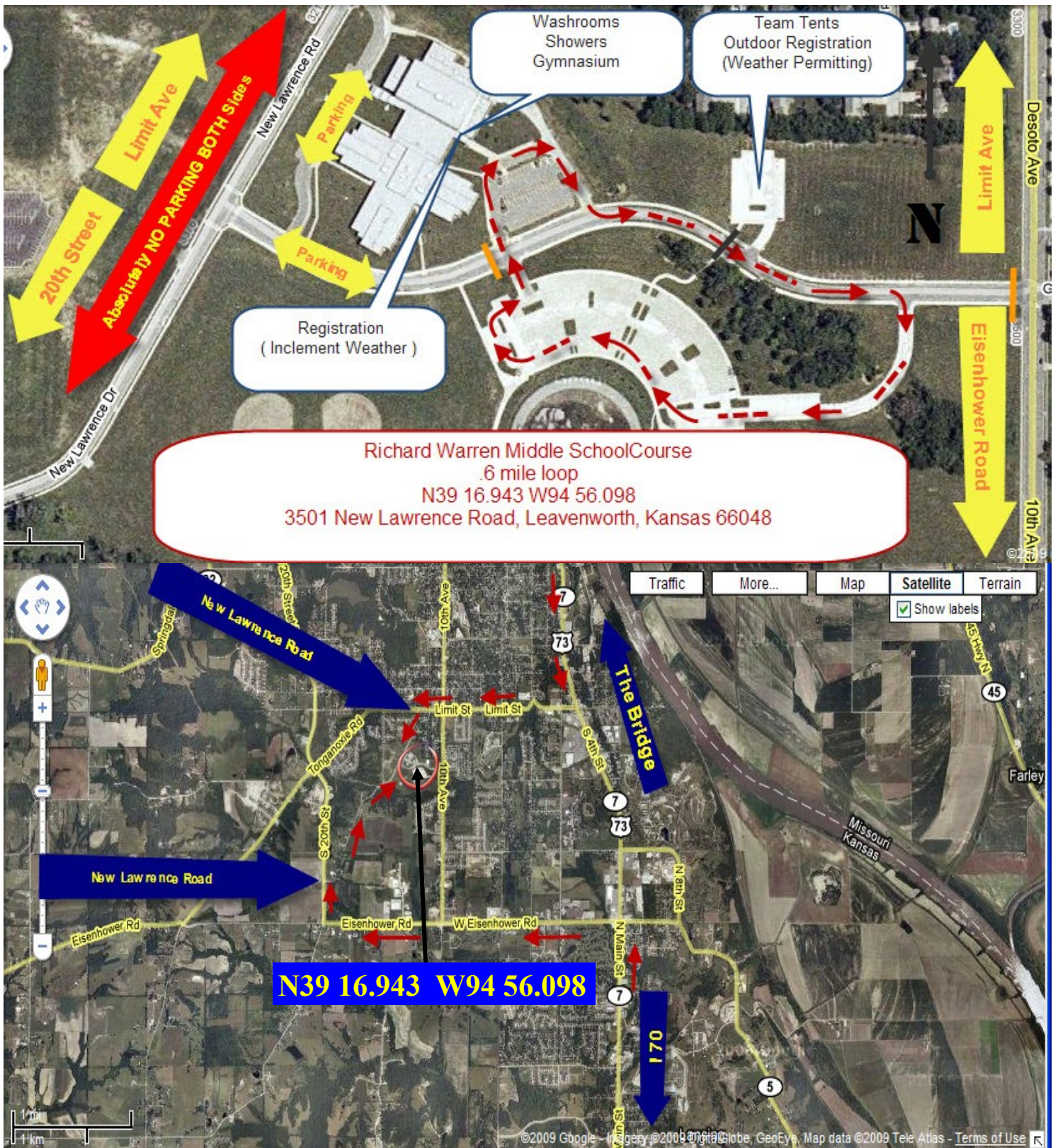
** AWARDS ARE GIVEN TO THE TOP THREE RACERS IN EACH AGE GROUP.

Category	1st Race	2nd Race	3rd Race
Women 1,2,3,4	\$20.00	\$10.00	\$5.00
Category 4 Beginner Mentored	\$5.00	NA	NA
Junior Women (18-14, 13-10)	\$15.00	\$10.00	NA
Junior U-10	\$5.00	NA	NA
Masters	\$20.00	\$10.00	\$5.00

1. All USAC Rules apply. 2. Race will be held rain or shine 3. CPSC- approved helmets are required at all times. 4. Promoter reserves the right to adjust start times, distances, alter course, remove rider(s) from race, cancel and or combine categories, and prize list as necessary on the day of the race. 5. Fees include the \$1.00 KCA Fee and \$3.00 USAC Insurance Fee. 6. 1 Day licenses are available race day at the registration table. 7. Parents or guardian must sign release form for all riders under 18. 8. All junior riders must participate in a rollout for that race. 9. Prime Laps will be as follows: Lap 2, Lap 4, Lap ?(if necessary, discretion of official) **PRE REGISTRATION WILL NOT be online for two reasons, one is the extra cost to either the rider or the promoter and I have encountered many problems with online registration groups so I have decided to go with the registration process as stated in the next paragraph, USPS. Pre Registration can be accomplished by mailing a completed Athletic Release Form noting each race entered, and payment via USPS:**

**Roger F. Harrison, 1422 South Broadway Street, Leavenworth, Kansas 66048-3714,
rfh49@yahoo.com www.lanternrougekansas.com 913-680-9817(contact and weather update)**

PRE REGISTRATION MUST BE RECEIVED NOT LATER THAN WEDNESDAY APRIL 28 2010



Woo Hoo Women
ROCK!